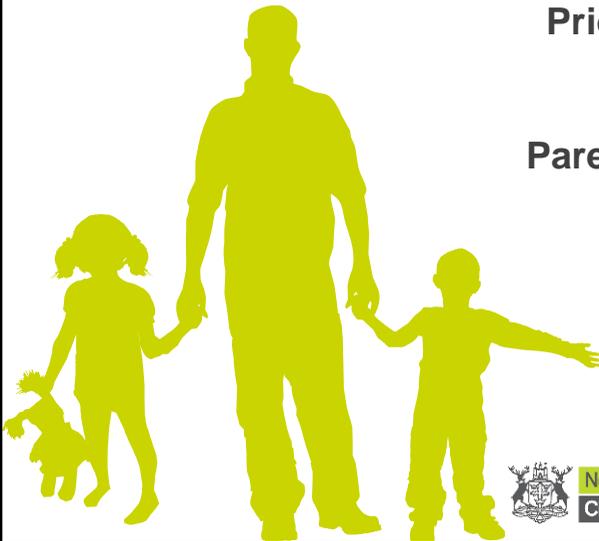


Empowering Families to be Strong and Achieve Economic Wellbeing

Priority Families
Update

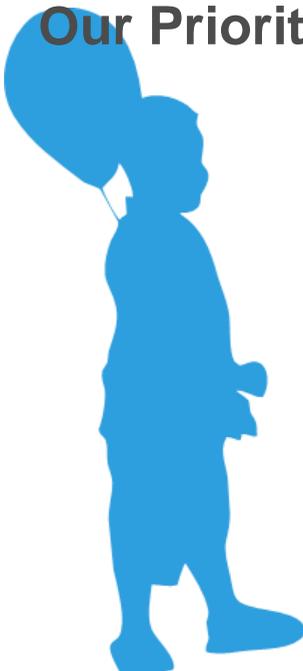
Parenting Strategy
Update



Nottingham
City Council

Priority
Families

Our Priority Families Programme



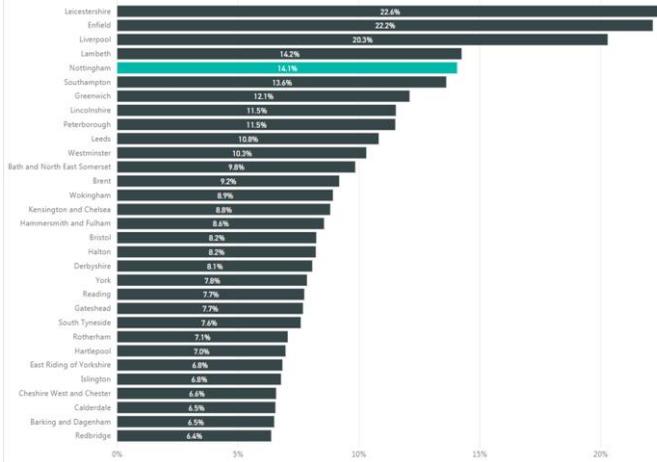
- Phase 2 – working with 3587 families. 93% of our target of 3840.
- PbR for 1651 families. 43% of 2020 target.
- 80% conversion rate from attachment to PbR – local targets have been set to compensate for the current conversion rate.
- Secure developing – Service Transformation Maturity Model – individual partnership plans developed.
- Partners case-holding, partnership Accredited Practitioners.
- Strong relationships with DWP through our 3 TFEAs.
- Developing links to work on exclusions, knife crime, SEND Reform, prevention of evictions and High Risk Teenagers panel

Priority
Families

Continuous Employment

% CE Claims by Local authority and Local authority (group) 2

Local authority (group) 2 ● Nottingham ● Other



5

Nottingham_CE_Claims_Rank

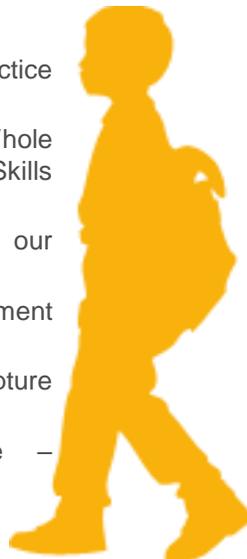
14.1%

% CE Claims

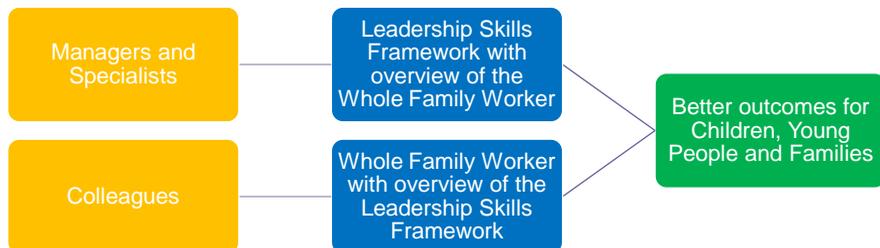


Next Steps

- Commissioning of integrated 0-5 model
- Team around the School model
- Trauma-informed practice developments
- Workforce Development – Whole Family Worker and Leadership Skills Framework
- Predictive analytics – supporting our knife crime strategy.
- Partnership Early Help Assessment and recording in Liquid Logic
- System work to enable us to capture group work
- Developing the evidence-base – planning for post-2020.



WORKFORCE DEVELOPMENT Nottingham's Early Help Qualification Programme



Feedback from Participants

Whole Family Worker Programme



Julie Whitworth
Family Support Worker

Steven Thorpe
Targeted Youth Support Worker
a.k.a Tops



Children's Leadership Skills Framework-ILM



Sharanjeet Kaur
Early Support Specialist



Sam Danyluk
Service Manager,
Children's Duty



How has the programme made a difference to your practice?



Priority Families

What would you say to someone thinking of starting the



Priority Families

Sum up in one word what you feel about the programme



The Value of our Early Help Services

Case Management

517 families open with 1001 children (25/07)

Q1 18/19 – circa 900 cases stepped down from social care. 44 step ups.
Q2 2017 – 630 children in EH. 517 have needed no further support from EH or SC.

Joint work with social work – edge of care interventions/family network meetings, co-allocated work

Parenting Intervention

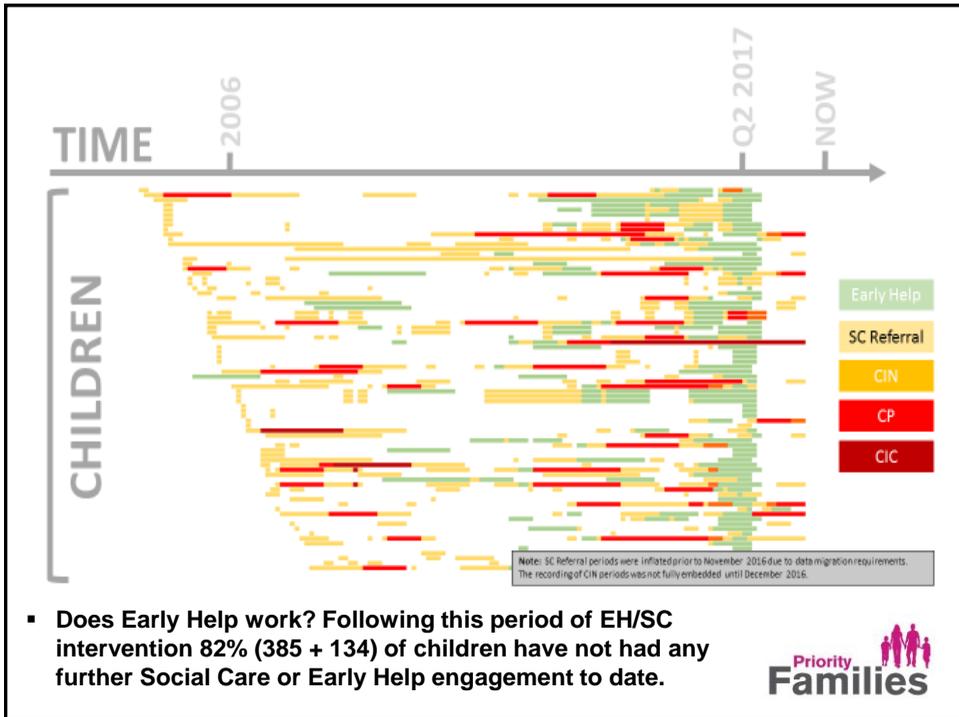
Targeted – Pilot started in Aug '17. 95 families (237 children) referred from the 'front door' in the 6 month period 1/9/17 to 28/2/18. 88.5% received a parenting intervention. After 6 months closure, 69.5% cases not opened again to CIS with only 3.5% opened to Children's Social Care (Child Protection or Child in Need).

Early Help – 46 families supported in Q3 with Triple P – only one family with a subsequent referral to CIS.

Open Access

6k Children Centre sessions with 114k attendances in 17/18
2k Play & Youth sessions with 32.5k attendances in 17/18





Children's Integrated Services

*Parenting Strategy
and Parenting Programme Report*

August 2018


 NOTTINGHAM
CHILDREN'S
PARTNERSHIP
PROOF OF NOTTINGHAM'S CHILDREN & YOUNG PEOPLE

Priority Families

Parenting Strategy Update

Children's Integrated Services are requesting the Partnership's continued commitment to a citywide Parenting Strategy, however, there are significant changes to service delivery that may affect how we deliver parenting programmes:

Ensure the right children get the right support at the right time.

Children's Integrated Services Directorate Plan

- Youth at Risk strategy
- The Best Start Integration between the commissioned Public Health provider, CityCare, and Nottingham City Council, Early Help services. There will be an expectation that developments are reported to the Joint Operational group and Strategic Systems Change Board.

NOTTINGHAM'S MODEL FOR PREVENTION AND EARLY HELP AND SPECIALIST SERVICES



Early Help Parenting Programmes - Overview

Early Help teams facilitate parenting programmes within the Early Help targeted group offer. The 3 evidence based programmes offered are:

- Peep
- Triple P
- New Forest Parenting Programme (NFPP). Early Help currently provide this programme on an individual basis through home visits.

34 Early Help colleagues are trained to deliver Peep

12 Early Help colleagues are trained to deliver Triple P

10 Early Help colleagues are trained to deliver NFPP

Early Help focus on improving outcomes for young children and their families, with a particular focus on the most disadvantaged families, in order to reduce inequalities in, and improve upon:

- o child development and school readiness;
- o parenting aspirations, self-esteem and parenting skills;
- o child and family health and life chances.



Early Help Parenting Programme Outcomes 01/09/2017 - 31/07/2018

Early Help teams have delivered a total of **65** parenting programmes to **448** families:

- 38 Peep programmes to a total of 294 families
- 18 Triple P programmes to a total of 145 families
- 9 Individual NFPP programmes to 9 families

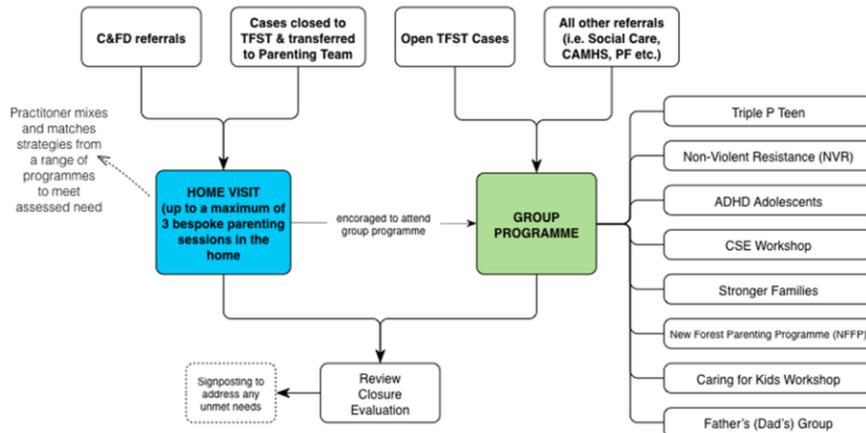
Parents report improved self-confidence, enjoy spending more time with their children, increase in positive behaviours, improved behaviour at school and home, reduced parent stress, reduced isolation and increased support networks.

Next Steps

- Development of the Parenting Strategy through the transformation plan between Early Help and CityCare
- Development of outcomes reporting through Liquid Logic group workspace
- Early Help will review consistency of process for updating referrers of outcome of their referral to a Parenting Programme.



Parenting Team Operating Model



Headlines – Referrals Sept 17 – Aug 18

Team core objectives met in terms of diverting cases from TFST.

524 families (1292 children) referred overall – only 37 families (7.1%) unsuitable.

Children & Families Direct (C&FD):

183 families (437 children) referred – only 14 families (98.3%) refused.

- 86% received a home visit.
 - 90.2% received a parenting intervention.
 - 69.5% not opened to CIS in preceding 6 months - only 5.1% reopened to CinN/CP
- 78.1% of children referred aged 8 years or over.

Social Care Fieldwork including Duty Teams:

66 families (167 children) referred – 65.9% of families received an intervention.

TFST:

166 families (429 children) referred.

Variance in referrals and family engagement across teams.

34 Group Programmes delivered across city to 193 parent participants.

Large improvement in parent & child outcome measures for Triple P & NVR, whilst ADHD showed large improvement in child outcomes and Dad's group showed large improvement for parent outcomes.



New Forest Parenting Programme (NFPP)

There are currently 22 trained NFPP practitioners from both Nottingham City Council and CityCare, who are currently delivering the programme either in a group setting (6 weeks course) or on a one to one home visiting basis (8 week programme).

The practitioners offering the intervention also measure its impact by using the following 3 outcomes measures:

- The SNAP, which measures ADHD symptoms
- The Family Strain, which measures the impact of the family strain/stress that the parents are experiencing
- The PHQ9, which measures adult's low mood/depressive symptoms. This measure was introduced in May 18 as we recognise that a parent/carer's mental health is going to have an impact on their ability to engage with the programme, and the support needs that are required to help them help their child.

Delivery and Outcomes

- From January 2017 to date 132 families have been worked with on a one to one basis or as part of the group.
- Of these, 76 parents/carers saw an improvement in their child's symptoms of ADHD symptoms.
- Of these, 77 parents/carers saw a positive improvement (a reduction in) the level of stress/strain that they were experiencing as a family.
- The remaining number did not complete the end measures.



NFPP developments for 2018/19

- To ensure that at least 2 practitioners from each organisation becomes accredited to offer effective NFPP group supervision across the city
- To embed the programme into an integrated model of delivery for both organisations- meaning that practitioners from both services work together to use this resource in the most effective way to ensure that they offer the group and 1-1 programmes across the city, responding to the needs of the families as early as possible
- To embed a easy pathway for both organisations to ensure that there is swift and easy access for parents/carers to access either a group programme or 1-1 support at any one time across the city
- To improve the number clinical outcomes measure returns from families, so we are measuring the effectiveness of the intervention

